

Basic Human Rights

R080-ad

Satisfy innate needs. Uphold Basic Human Rights. Basic Human Rights may be measured with an INDEX. A low INDEX may indicate a lack of Basic Human Rights.

And with a high INDEX the greatest happiness or joy occurs in communities that Uphold Basic Human Rights in unity for all!

Innate Needs as defined by Deci and Ryan	Basic Human Rights	Explanation – Symptom of Violation
1. Relatedness	1. The right to do that which is truly in the best interests of others.	1. Feeling that I am part of something that injures or harms others.
2. Competence	2. The right to attain goals or other ends not necessarily preconceived as goals, but which become goals once experienced.	2. Feeling unable to finish something I have started or want to do because others prevent me, or interfere, or take over.
3. Autonomy	3. The right to operate in an area of meaningful expansion for yourself.	3. Feeling bored about my work. Feeling I am wasting my time. When I die, I don't want to say "That which I should have done, I did not do."

	4. The right to act non-cooperatively, non-violently according to my personal-moral or religious beliefs.	4. Feeling like my personal-moral or religious beliefs are not accepted. Feeling like I am kept from living my personal – moral or religious beliefs.
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[Non-cooperation, non-violence](#) is a peaceful means to accelerate the process of awareness and change

Innate Needs

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Everyone has innate needs. [Cited](#) by hundreds of thousands of Academic Research articles since 1981, the innate needs of humankind may be the greatest discovery in natural law ever. Richard M. Ryan, and Edward L. Deci state:

“The findings have led to the postulate of three innate psychological needs—*competence, autonomy, and relatedness*—which when satisfied yield enhanced self-motivation and mental health and when thwarted lead to diminished motivation and wellbeing.”

Loquate, a not for profit, found that these **habits** satisfy *innate needs*:

Relatedness- **Doing that which is truly in the best interests of others.**

Competence- **Attaining goals or other ends not necessarily preconceived as goals but which become goals once experienced.**

Autonomy- **Operating in an area of meaningful expansion for yourself, that is your interiorly preferred work.**

Conclusion:

Innate habits do not become innate until they become habits. It is a natural law that all human beings are born with feelings. Our feelings tell us if we are on target, or off target, as a human being. Feelings are hardwired into the human psyche. Like a computer’s operating system, feelings that are innate can automatically control our actions.

The natural law rule of the innate habits is this.

“If one or more of the innate habits is present in an experience and the experience does not go against any of the other innate habits, you will feel good. If the experience goes against one or more of the innate habits, you will feel bad, even if other innate habits are present.”

Richard M. Ryan in a note to Jeff Liautaud, Founder of Loquate said this:

Remarkable Convergence.

Hi again Jeff

Happy to say this: “Reading the text you sent, I see that we share some very basic values and missions Jeff, and I loved the autonomy, competence, and relatedness themes you expressed. I see remarkable convergence with our work within self-determination theory (SDT). I especially appreciate your interest in promoting the importance of community and what I would call having the widest integrative span of care one can shoulder, and I hope SDT can be a resource in that effort. I truly hope your mission to promote communities in which one most values the common good really takes off.”

All the best
Richard

Feedback from the INDEX

The INDEX is derived from small group feedback scores. Basic Human Rights may be measured with an INDEX. A low INDEX may indicate a lack of Basic Human Rights. The small group specializes in reinforcing **Smart**® habits that satisfy innate needs. Feedback scores verify the degree to which satisfying innate needs becomes the norm among small group members.

Community

It has been shown in many papers (see GCT pages at SDT) that the more people focus on goal content with selfish aims, like money, image, power etc., which do not directly satisfy innate needs and often crowd them out, the less happy they are—even when they

attain them. The more they place value on community, the greater their wellbeing and happiness.

The Loquate INDEX certifies Corporate environments and their direction toward community as consistent with Natural Law in “unity for all.” It is not only Publicly traded companies who wish to get on the INDEX but also privately traded companies with a similar vision to serve their community.

In spite of our differences, peace in the workplace comes from living and working together. An assembly open to all in the organization is the start. The peaceful purpose of the assembly is gaining experience at helping each other to accomplish that which they value the most for the common good.

The Loquate INDEX certifies any environment and its direction toward community as consistent with Natural Law in “unity for all.”

And the greatest happiness or joy occurs in communities with a high Community Index that Uphold Basic Human Rights in unity for all!

Resources

[LOQUATE INDEX WHITE PAPER - Improving a Corporation's ESG Social Component](https://www.loquate.tv/wp-content/uploads/2021/07/R079-ai-LOQUATEINDEX-WHITE-PAPER-Improving-a-Corporations-ESG-SocialComponent.pdf)

<https://www.loquate.tv/wp-content/uploads/2021/07/R079-ai-LOQUATEINDEX-WHITE-PAPER-Improving-a-Corporations-ESG-SocialComponent.pdf>

[Welcome to Loquate!](https://www.loquate.tv/wp-content/uploads/2020/02/R010Welcome-to-Loquate-ai.pdf) - a charity whose core strength is community building for all mankind, exclusive of none - <https://www.loquate.tv/wp-content/uploads/2020/02/R010Welcome-to-Loquate-ai.pdf>

Cited

<https://scholar.google.com/citations?user=fraRBsIAAAAJ&hl=en>