

The Middle Ground of Despair

R110-ak-7 hours including resources plus each resource adds its own hours.

When one in authority over us, uses tactics that thwart our innate needs, it feels like this: “I cannot sleep. I have an upset stomach. It feels like someone just ripped the guts out of my life’s work.” It is the most intense of all human feelings. When we feel desperately helpless because of institutionalized outcomes from a government, work, or family environment, there is a way out. Read this article to see how to get out of this state alive.

[Cited](#) by hundreds of thousands of Academic Research articles since 1981, Edward L. Deci and Richard M. Ryan state:

“The findings have led to the postulate of three innate psychological needs—*competence, autonomy, and relatedness*—which when satisfied yield enhanced self-motivation and mental health and when thwarted lead to diminished motivation and wellbeing.”

“Hi again Jeff... I see remarkable convergence with our work,” said Richard M. Ryan on 10/17/19 to Jeff Liautaud, founder of Loquate. Loquate is a charitable center for peace on earth for over 50 years, whose core competence is delivering and restoring community even when we feel desperately helpless because of institutionalized outcomes.

Smart® groups apply Academic Research in what may be the greatest discovery in Natural Law ever. When our innate needs are thwarted, the middle grounds are like sacred burial grounds. It is that place on earth between life and death. A path to wellbeing through community is the way out.

1. Speak the truth always.
2. Be kind.
3. Our suffering will draw another to our righteousness within.
4. This will take time.

Join a Smart® group to bring peace. Loquate’s primary values converge as the Smart® habits that satisfy *innate needs*. Like sailors eating limes to prevent scurvy, Smart® habits overcome the scurvy of the human spirit which is diminished motivation and well-being. Smart® groups lead to peace, happiness and joy for the member, and increased community in every group of which the member is a part.

See if you [qualify](#) to [join](#). Non-cooperation, non-violence is a last resort.

Resources

[Loquate](#) (6436 N Oketo Ave, Chicago, IL 60631, United States jeff@loquate.tv 773-621-0863).

[How any person can benefit](#)

People of all faiths, including atheists and agnostics may benefit from our Smart® group. In all of our resources, we use the words interchangeably “That which you value the most for the common good,” Spirit, and God. Unity for all is extreme value.

[Loquate’s Smart® Protocol Creates a Safe Sharing Environment](#)

Loquate is a ripple organization that touches others in ripples of intentional community building. Loquate relies on over 50 years’ experience creating safe sharing environments. Its Smart® protocol is helping another accomplish that which they value the most for the common good.

[Non-cooperation, non-violence](#)

In non-cooperation, non-violence you will experience a peaceful solution to accelerate the process of awareness and change. You will know you have suffered enough, when you suffer no more. Others have done this. They can help you. You will experience Miracles, First Hand. You will grow into holy nothingness. God does the healing until all are in unity.